



# School District of Beloit Elementary Lunch

November 2018

**30**

**Chicken Biscuit**

**Deli on the Go:**  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Goldfish Pretzels  
Dragon Punch, Fresh Broccoli,  
Fruit & Veggie Bar

**31**

**Chicken Patty**

**Deli on the Go:**  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Goldfish Pretzels  
Mashed Potatoes, Red Pepper  
Strips, Fruit & Veggie Bar

**1**

**Corn Dog**

**Deli on the Go:**  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Goldfish Pretzels  
Green Beans, Fresh Zucchini,  
Fruit & Veggie Bar

**2**

**Nachos  
w/ Mini Pretzel**

**Deli on the Go:**  
C Ham Sandwich  
Chicken Caesar Salad  
w/ Goldfish Pretzels  
Refried Beans, Celery Sticks,  
Fruit & Veggie Bar

**3**

*No School*

**6**

**Nachos  
w/ Mini Pretzel**

**Deli on the Go:**  
C Ham Sandwich  
Pizza Salad  
w/ Sliced Bread  
Mashed Potatoes, Fresh  
Broccoli, Fruit & Veggie Bar

**7**

**Chicken Patty**

**Deli on the Go:**  
C Ham Sandwich  
Pizza Salad  
w/ Sliced Bread  
Steamed Carrots, Red Pepper  
Stipes Fruit & Veggie Bar

**8**

**Hot Dog**

**Deli on the Go:**  
C Ham Sandwich  
Pizza Salad  
w/ Sliced Bread  
Baked Beans, Zucchini, Fruit &  
Veggie Bar

**9**

**Hamburger**

**Deli on the Go:**  
C Ham Sandwich  
Pizza Salad  
w/ Sliced Bread  
Steamed Green Beans, Celery  
Sticks, Fruit & Veggie Bar

**10**

**Cheese Pizza**

**Deli on the Go:**  
C Ham Sandwich  
Pizza Salad  
w/ Sliced Bread  
Mashed Potatoes, Baby  
Carrots, Fruit & Veggie Bar

**13**

**Corn Dog**

**Deli on the Go:**  
Make-Your-Own-Pizza  
All-American Salad  
w/ Sliced Bread  
Mashed Potatoes, Grape  
Tomatoes, Fruit & Veggie Bar

**14**

**Chicken Nuggets  
w/ Sliced Bread**

**Deli on the Go:**  
Make-Your-Own-Pizza  
All-American Salad  
w/ Sliced Bread  
Roasted Cauliflower, Cucumber  
Slices, Fruit & Veggie Bar

**15**

**Soft Shell Tacos**

**Deli on the Go:**  
Make-Your-Own-Pizza  
All-American Salad  
w/ Sliced Bread  
Refried Beans, Celery Sticks,  
Fruit & Veggie Bar

**16**

**Chicken Patty**

**Deli on the Go:**  
Make-Your-Own-Pizza  
All-American Salad  
w/ Sliced Bread  
Mashed Potatoes, Baby  
Carrots, Fruit & Veggie Bar

**17**

**Max Cheese Sticks  
w/ Marinara Sauce**

**Deli on the Go:**  
Make-Your-Own-Pizza  
All-American Salad  
w/ Sliced Bread  
Steamed Broccoli, Red Pepper  
Strips, Fruit & Veggie Bar

**20**

**Pancake on a stick  
w/ Goldfish Pretzels**

**Deli on the Go:**  
C Ham Sandwich  
Popcorn Chicken Salad  
w/ Goldfish Pretzels  
Dragon Punch, Fresh Broccoli,  
Fruit & Veggie Bar

**21**

**Cheeseburger**

**Deli on the Go:**  
C Ham Sandwich  
Popcorn Chicken Salad  
w/ Goldfish Pretzels  
Green Beans, Red Pepper  
Strips, Fruit & Veggie Bar

**22**

*No School*

**23**

*No School*

**24**

*No School*

**27**

**Hot Dog**

**Deli on the Go:**  
Make-Your-Own-Pizza  
Tossed Salad  
w/ Sliced Bread  
Baked Beans, Tomato Wedges  
Fruit & Veggie Bar

**28**

**Soft Shell Tacos**

**Deli on the Go:**  
Make-Your-Own-Pizza  
Tossed Salad  
w/ Sliced Bread  
Refried Beans, Jicama Sticks  
Fruit & Veggie Bar

**29**

**Chicken Nuggets  
w/ Sliced Bread**

**Deli on the Go:**  
Make-Your-Own-Pizza  
Tossed Salad  
w/ Sliced Bread  
Steamed Carrots, Celery Sticks,  
Fruit & Veggie Bar

**30**

**Oven Roasted  
Chicken w/ Bread Stick**

**Deli on the Go:**  
Make-Your-Own-Pizza  
Tossed Salad  
w/ Sliced Bread  
Mashed Potatoes, Baby  
Carrots, Fruit & Veggie Bar

**01**

**Max Cheese Sticks  
w/ Marinara Sauce**

**Deli on the Go:**  
Make-Your-Own-Pizza  
Tossed Salad  
w/ Sliced Bread  
Steamed Broccoli, Cucumber  
Slices, Fruit & Veggie Bar

### Did you know...

National Nacho Day November 6<sup>th</sup>  
National Sandwich Day November 3<sup>rd</sup>

### Harvest of the Month... Kiwifruit

Along with vitamin C, kiwi are rich in bioactive compounds that have antioxidant capacity to help to protect against free radicals, harmful by-products produced in the body.